

WELCOME ADDRESS

Dear Colleagues,

With the ageing of populations, it becomes obvious that within healthcare the geriatric approaches originating from the perspective of care for older patient rather than specific disease should be gaining on importance. On the other hand, in most settings, it is the primary care practitioner who is responsible for the daily care of the ageing patients. Therefore, we need the comprehensive approaches unifying geriatric knowledge with the daily practicalities of healthcare.

In this context, the COST Action 21122 (PRoMoting GeRIatric Medicine in countries where it is still eMergING) (<https://cost-programming.eu>) stands out as a guiding force, with the mission to shape the content of educational and training programs in Geriatric Medicine for healthcare professionals in diverse clinical environments, particularly in countries where the field is still developing. To meet these objectives, the project takes into account the needs and resources of stakeholders, the flexibility required for local adaptation, and the practical feasibility of implementing models of care in Geriatric Medicine.

To this end we would like cordially to invite you to Krakow, for the semi-annual conference in the framework of COST Action 21122 PROGRAMMING titled "**Optimal care models for older adults: bridging community care and Geriatric Medicine**".

The leading theme of the conference will be the WHO's ICOPE as a template for comprehensive care for older adults at the crossroad between general practice and geriatrics. We believe that through the invited lectures, workshops and round table discussions, but first and foremost through the interaction between the attendees and the faculty the conference will help building the factual knowledge and the attitude that the participants would then carry to their communities and places where they practice medicine.

The conference will be held on January 23 and 24, 2025 at the at the Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12, 31-008 Krakow, Poland (geolocation: 50.06225102719609, 19.933997006981286).

The conference venue is located within historical premises that unfortunately have not been adapted to the needs of persons with disabilities.

Krakow is within an easy reach by plane (1-2h30min flight from most European airports), train (direct trains from Vienna, Prague, Berlin, Budapest) and car, and accommodation is easy to arrange.

We hope to be seeing you in Krakow in January 2025

*Karolina Piotrowicz
Jerzy Gaşowski*

Marina Kotsani

On behalf of the Local Organizing Committee

On behalf of PROGRAMMING CA

INFORMATION

The event will take place at the Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12, 31-008 Krakow, Poland on January 23 and 24, 2025. Official language is English.

STREAMING

Sessions will be streamed on zoom at the following link:

https://us06web.zoom.us/meeting/register/tZ0rdO-hqTljEtKG6gQE-o9mYZC3v_BbquEm

Chat function will be available for comments and questions.

The times of sessions in the program are Central European Time (CET). Please adapt to your local time zone.

REGISTRATION

Registration for the event is free for both onsite and online participation.

Even though showing up to the publicly open sessions is possible, pre-registration is strongly recommended, whether you intend to participate online or onsite, by sending your name (spelled in English) and email to secretariat@eugms.org. Following this you will receive the **formal invitation via the e-COST platform that we kindly ask you to accept** by clicking to the right link, in order to officialize your participation to the event.

VIDEO RECORDINGS

Most of the event's sessions, will be videorecorded and videos will be accessible on the website and social media of the PROGRAMMING COST Action <https://cost-programming.eu/> and of the EuGMS <https://www.eugms.org>. Acceptance of the e-COST invitation implies consent for recording and appropriate dissemination.

Scientific Committee

in alphabetical order

Benetos, Athanase
Gąsowski, Jerzy
Grodzicki, Tomasz
Gryglewska, Barbara
Kotsani, Marina
Kupis, Robert
Petrovic, Mirko
Piotrowicz, Karolina
Wojszel, Zyta Beata

Organizing Committee

in alphabetical order

Bellotti, Benedetta
Gąsowski, Jerzy
Kotsani, Marina
Kupis, Robert
Lesz-Przybył, Helena
Perera, Ian
Piotrowicz, Karolina
Rudzińska, Anna
Segiet, Natalia
Silvani, Sabrina
Wojszel, Zyta Beata

PROGRAMMING COST Action 21122 event

In collaboration with the **Department of Internal Medicine and Gerontology Jagiellonian University Medical College and the Polish College of Geriatricians**

23-24 January 2025
Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12
Krakow, Poland

Optimal care models for older adults: bridging community care and Geriatric Medicine

Day 1 Thursday 23/01/25 - Morning

FOCUS GROUPS – upon invitation* (Asklepios Room – level -1)

Focus Groups on **Educational needs of healthcare professionals in Geriatric Medicine and care provision**

08:30- 10:30AM: FOCUS GROUP 1: Educational needs in community care –Asklepios Room
Moderators (Poland): Helena Lesz-Przybył, Agnieszka Kasiukiewicz

11:00- 13:00AM: FOCUS GROUP 2: Educational needs of residents and early-career "organ specialists" –Asklepios Room
Moderators (Poland): Robert Kupis, Magdalena Małek

*Participation in the focus groups' session is limited to 12 persons and is only possible upon specific invitation by the organizing committee (Asklepios Room level -1).

Day 1 Thursday 23/01/25 - Afternoon

MAIN PROGRAM (OPEN TO ALL)

Uniwersytet Jagielloński Collegium Medicum
ul. Św. Anny 12, Krakow, Poland
Nowodworski Auditorium (level +1)

15:30-16:00: **Registration**

16:00-16:15: **Opening**

Karolina Piotrowicz and Jerzy Gąsowski (Poland), Marina Kotsani (Greece)

Session A: Keynote session: Perioperative care for older adults

Chairs: Anne Ekdahl (Sweden), Jerzy Gąsowski (Poland)

16:15-16:45: **Keynote lecture: In search for the model of perioperative care for older adults**

Speaker: Jugdeep Dhese (United Kingdom)

16:45-17:00: **The case of Poland: ED as an acute gateway to the operating theatre**

Speaker: Ian Perera (Poland)

17:00-17:10: **Discussion**

17:10-17:30: *Coffee break*

Session B: Geriatric Giants - a real-life issue in community care

Chairs: Gülistan Bahat (Türkiye), Tomasz Grodzicki (Poland)

17:30-17:50: **How Geriatrics can aid community care for cognitive impairment or depression**

Speaker: Michael Vassallo (UK)

17:50-18:00: **Challenges in everyday practice– the examples from Poland**

Speaker: Beata Wojszel (Poland)

18:00-18:20: **How Geriatrics can aid community care for sensory impairment**

Speaker: Dorota Religa (Sweden)

18:20-18:30: **Challenges in everyday practice–the examples from Poland**

Speaker: Tomasz Grodzicki (Poland)

18:30-18:50: **How Geriatrics can aid community care for mobility impairment and malnutrition**

Speaker: Nathalie van der Velde (the Netherlands)

18:50-19:00: **Challenges in everyday practice– the examples from Poland**

Speaker: Tomasz Kostka (Poland)

19:00-19:30: **Discussion**

19:30-19:45: **Geriatric-literacy course for older adults (PROGRAMMING 21122 CA)**

Speaker: Sofia Duque (Portugal)

Chairs: Maria Cristina Polidori Nelles (Germany), Karolina Piotrowicz (Poland); with the presence of patients' representative.

Day 2 Friday 24/01/25 - Morning

**VISIT OF LOCAL STRUCTURES/
WHO Workshop (Nowodworski Auditorium level +1)**

9:00-13:00: **Visit to a Long-Term Care facility***

Chairs: Katarzyna Szczerbińska, Dariusz Kubicz (Poland)

***Participation in the visit and workshop is only possible upon specific invitation by the organizing committee**

9:00-13:00: **WHO Workshop - Improving care for older persons through the ICOPE model**

Speaker: Matteo Cesari (WHO),

Chairs: Maria Cristina Polidori Nelles (Germany), Rafał Włodarczyk (WHO)

Session open to all

13:00-14:30: *Midday Break*

Day 2 Friday 24/01/25 - Afternoon

MAIN PROGRAM (OPEN TO ALL)
Uniwersytet Jagielloński Collegium Medicum
ul. Św. Anny 12, Krakow, Poland
(Nowodworski Auditorium level +1)

Session C: Geriatric Models across Europe - sharing the experience

Chairs: Sofia Duque (Portugal), Barbara Gryglewska (Poland)

14:30-14:45: **What can we learn from the UK? The British model of care for older adults - ED as a case study**

Speaker: Finbarr Martin (UK)

14:45-15:00: **Progress and perspectives in Geriatrics in Croatia**

Speaker: Nenad Bogdanovic (Sweden)

15:00-15:15: **Progress and perspectives in Geriatrics in Türkiye**

Speaker: Gülistan Bahat (Türkiye)

15:15-15:30: **What can we learn from France? The role of frailty assessment for chronic disease care**

Speaker: Athanase Benetos (France)

15:30-15:45: **Progress and perspectives of Geriatrics in Poland**

Speaker: Tomasz Targowski (Poland)

15:45-16:00: **Discussion**

Session D: Keynote session – European Commission perspective

Chairs: Athanase Benetos (France), Małgorzata Sobieszczkańska (Poland)

16:00-16:30: **Keynote lecture: Health systems challenges in ageing Europe - policymakers' perspective**

Speaker: Andrzej Ryś (European Commission)

16:30-17:00: *Coffee break*

17:00-19:00PM: Stakeholder's and policymakers' roundtable discussion – open event

Debate: The perspectives of healthcare for older adults: the crossroad between community care and Geriatric Medicine

Chair: Jerzy Gąsowski (Poland)

19:00-19:10: **Closing remarks**

Chairs: Karolina Piotrowicz and Jerzy Gąsowski (Poland), Mirko Petrovic (Belgium)

PROGRAMMING COST Action 21122

“PRomoting GeRiAtric Medicine in countries where it is still eMergING”

-Internal Meetings-

Thursday 23/01/25 (Senacka Room – level +1)

08:30 - 10:30	WG1 Results presentation to the Core Group
10:30 - 11:00	Coffee break
11:00- 13:00	Plenary session: planning of Grand Period 3 workflow and inter-WGs collaboration
13:00- 14:00	Review Committee

To discover more about the Action and our Working Groups please visit: <https://cost-programming.eu/>

Participants' affiliations (alphabetical order)

Gülistan Bahat
Istanbul University, Istanbul, Türkiye

Benedetta Belotti
PROGRAMMING COST Action 21122

Athanase Benetos
PROGRAMMING COST Action 21122 Grant Holder Scientific Representative
University of Nancy, INSERM u1116, Nancy, France
Past President, EuGMS

Nenad Bogdanovic
Karolinska Institutet, Stockholm, Sweden

Matteo Cesari
World Health Organization

Jugdeep Dhesi
King's College London, London, UK
President, British Geriatric Society

Sofia Duque
Hospital CUF Descobertas, Lisboa, Portugal
Faculdade de Medicina, Universidade de Lisboa, Portugal

Anne Ekdahl
Lund University, Lund, Sweden

Jerzy Gąsowski
Jagiellonian University Medical College, Krakow, Poland
President, Polish College of Geriatricians
Academic Board Member, EuGMS

Tomasz Grodzicki
Jagiellonian University Medical College, Krakow, Poland

Barbara Gryglewska
Jagiellonian University Medical College, Krakow, Poland

Agnieszka Kasiukiewicz
Medical University of Białystok, Białystok, Poland

Tomasz Kostka
Medical University of Lodz, Lodz, Poland,
Healthy Ageing Research Centre

Marina Kotsani
PROGRAMMING COST Action 21122, Chair
Responsible for Scientific Groups of HeSSRA, Greece
EHPAD VDC, LNA santé, France

Dariusz Kubicz
MCO, Kraków, Poland

Robert Kupis
Jagiellonian University Medical College, Krakow, Poland

Helena Lesz-Przybył
Medical University of Sielsia, Katowice, Poland

Magdalena Małek
Jagiellonian University Medical College, Krakow, Poland

Finbarr Martin
King's College London, London, UK
Past President, EuGMS

Ian Perera
Jagiellonian University Medical College, Krakow, Poland

Mirko Petrovic
Ghent University, Ghent, Belgium
President, EuGMS

Karolina Piotrowicz
Jagiellonian University Medical College, Krakow, Poland
General Secretary, EuGMS

Maria Cristina Polidori Nelles
University of Cologne, Cologne, Germany

Dorota Religa
Karolinska Institutet, Stockholm, Sweden

Anna Rudzińska
Jagiellonian University Medical College, Krakow, Poland

Andrzej Ryś
European Commission

Natalia Segiet
Jagiellonian University Medical College, Krakow, Poland

Sabrina Silvani
PROGRAMMING COST Action 21122

Małgorzata Sobieszkańska
Wrocław Medical University, Wrocław, Poland

Katarzyna Szczerbińska
Jagiellonian University Medical College, Krakow, Poland

Tomasz Targowski
National Institute of Geriatrics Rheumatology and Rehabilitation, Warsaw, Poland
National Consultant in Geriatrics

Michael Vassallo
Bournemouth University, Bournemouth, UK

Nathalie van der Velde
Amsterdam UMC, Amsterdam, the Netherlands
Academic Director, EuGMS

Rafał Włodarczyk
World Health Organization

Zyta Beata Wojszel
Medical University of Białystok, Białystok, Poland

Our Sponsors

